

Program: Dr. Zachary Clements, Inspirational Speaker, "Chicken Little Need Not Apply"

Why am I here today? Dr. Clements described today's important topic as "Let's pick ourselves up off the floor and get moving in this country."

Clements is concerned just as many of you are. He said, "People say, 'someone needs to get control of things in this country.' Yes we're having difficulties in this country, but we also have a lot to be thankful about." Instead of talking about what's wrong, Clements suggests waking up in the morning saying "Hey—I'm alive for one more day! My legs work. My wheelchair rolls. I had enough to eat and drink. Somebody loves me."

Public Education Clements noted the way people love to throw stones at American public education. "I'm hear to tell you, I run into people with the *In My Day* disease. If you're over 40, you've got it. If you're over 50, you're dying from it," Clements says. People ask what's wrong with the education system today and it sends them into Gregorian chanting [sung in monotone]: "In my day, when I went to school we never had problems like we have today. Good Lord. I don't understaaaaand. Why when I went to school children had to read and write and pass their subjects in order to graduate and now they let anyone and everyone oooooouut the dooooooor. Why in my day children were well behaved and jumped when the teacher spoke. But today do you hear some of the language young people use today? I believe it's because the teachers (especially the young ones) are no longer respected by the chiiiildren..." To which Clements replies, *bull!* These people don't understand why someone of a generation who "should" agree with their lamenting simply doesn't. They say, "In my day teachers could *hit* students." So is this what's wrong with our education system today Clements asks? Clements points out that we didn't use to fear our teachers, we feared our PARENTS.

You are Responsible for Your Children Clements had a concerned parent ask "Why do schools allow the children to dress the way they do?" To this he said, "If I understand you correctly, you don't seem to like what your children are wearing to school." That's right, they said. Clements simply replied, "Well, if you don't like what your children are wearing to school, why in heaven's name do you let them dress like that?" Parents want schools to dictate what is/is not appropriate because they would rather their children be upset at the school than them

Marriage Whatever happened to commitment, asks Clements. He attended a wedding recently and as is tradi-

tion in his family, he and his wife presented the bride and groom with \$100. He said, "I would like you to have this as a token of our hope for your future." The bride responded, "Well, we're going to give it a shot!" Give it a shot? Whatever happened to commitment? Clements and his wife have adopted a new policy. They present the newlyweds with an IOU. If after five years they are still married, they'll double it. If not, he'll send them a bill for the time and money they wasted going to the wedding.



ZACHARY CLEMENTS, INSPIRATIONAL SPEAKER, STANDS WITH ALICE RECORE.

Positive Performance What can I do to make the world a better place? How can we try

to stay positive? Everyone is trying to change performance for the better, but this cannot be done until we change behaviors. Clements wants to know what is wrong with people in our country when they would order a diet called "how to lose weight while you sleep"? Clements says, "The only way to lose weight in your sleep is to have someone slip in and cut a body part off!" What you need to do to increase positive performance is first develop a positive attitude. This leads to positive behaviors which in turn leads to positive performance. Clements tries to impress this upon everyone young and old. He offers the following advice to young people just starting out in life:

Four Keys to Success

1. Show Up.
2. Show Up Ready to Work.
3. Don't be afraid to do a little extra.
4. If you don't like it, go out and find something you do like. Put in your two week notice and start over with number one.

Four Points Clements Wants to Leave With Us:

1. Don't give up on the old values! We're so busy looking at "new age" and "current" that we're in danger of forgetting what got us this far. But don't blame the young people. Where did they learn these behaviors because it's not genetically predisposed? They learn it from you, me, us and we. Our culture does a very good job of

ROTARY INTERNATIONAL
 President Dong Kurn Lee

District Governor—7040
 Peter Bashaw — Massena

ROTARY CLUB OF PLATTSBURGH

| | |
|------------------|-----------------|
| President | Steve Frederick |
| First V.P. | Bonnie Black |
| Second V.P. | Robert Grugle |
| Secretary | Barbara Straw |
| Treasurer | Marsha Cook |
| Sgt. At Arms | Jon Cooper |
| Imm. Past. Pres. | Tony Searing |

Directors-at-Large

| | |
|----------------|-------------------|
| Jody Carpenter | Cornelia Forrence |
| Robert Frenyea | Amy Kretser |
| Martin Mannix | Vicki Marking |
| Stan Ransom | John Seiden |
| Bob Smith | Keith Tyo |

Bulletin Editor
 Amy Kretser

Meetings
 Wednesdays 12:15 p.m.
 Elks Club, Plattsburgh

teaching me, me, I, I, I.

2. Keep your eye on the donut and not on the hole. One shouldn't worry about petty things when serious problems plague our friends and neighbors. Do unto others and treat others the way you want to be treated. Focus on the bigger picture.
3. Keep your sense of humor. Do you laugh every day? Visit a primary school and you won't be able to help yourself.
4. Don't ever lose your sense of idealism. Despite all the sham and drudgery and trickery, look out over that beautiful bay and be thankful for your many blessings. Keep your eyes open and you will always find blessings and inspiration.

Dr. Clements left the club with a final piece of advice: "To all of you and to your families, I remind you very simply: Let's you and I do all we can in this sphere of the world to make it a better, more positive place."

This Week: Rotary Radio Day had a record year as the club made over \$15,000. Checks are still arriving. Please make sure your contacts have submitted their payments. Let's give a special welcome back to Bob Miller. John Bernardi presented a plaque to the club on behalf of the United Way. The club donated \$1,000 to the campaign. President Steve presented checks to the following people: PSU's President John Etting, CCC's Cheryl Regean and CVPH Board Chair Paul Sands. Board members, please stay around for a few minutes for a quick vote on new members. Bonnie Black discussed the District Budget. District Assembly will vote on the budget for July 09. We have to cast our vote on behalf of the club. The club motioned/seconded and approved

DATES TO REMEMBER:

2009

- May 2 District 7040 Assembly
- May 29 Paul Harris Dinner
- June 5-7 24th Annual Fishing Classic

| ON-LINE MAKEUP: | | www.rotaryclubone.org |
|----------------------------------|----------------------|--|
| NEARBY MAKE UP LOCATIONS: | | |
| Mon. | Burlington | 12:10pm Wyndham Hotel |
| | Canton | 12:15pm Best Western |
| | Ottawa | 12:30pm Ottawa Marriott Hotel |
| Tues. | Plattsburgh Sunrise | 7:30am Elk's Club |
| | Saranac Lake | 7:30am Hotel Saranac |
| | Massena | 12:15pm Elk's Lodge |
| | St. Albans | 12:15pm Masonic Temple |
| | Montreal | 12:30pm Holiday Inn-Pt. Claire |
| | Grand Isle | 6:00pm So Hero Congregational |
| Wed. | Middlebury | 7:15am Rosie's Restaurant |
| | Albany | 12:15pm Wolferts Roost Ctry Club on Van Rensselaer Blvd. |
| Thurs. | Tupper Lake | 12:15pm Pine Grove Restaurant |
| | Potsdam | 12:15pm Sergi's Banquet Hall |
| | Watertown | 12:15pm Best Western Carriage House |
| | Chateaugay | 6:15pm Leonard's Cherry Knoll Rest. |
| | AuSable Forks | 7:00pm Ambulance Hall (no meal) |
| | Williston | 7:15am Will Federated Church |
| | Lake Placid | 7:30am Howard Johnson's |
| | Watertown AM | 7:30am Best Western Carriage House |
| Fri. | South Burlington | 7:30am VT National Country Club |
| | Champlain-Rouses Pt. | 7:45am Old Tyme Café |
| | Malone | Noon Gallagher's |
| | Colchester-Milton | 12:10pm Hampton Inn |
| | Ogdensburg | 12:15pm Gran-View Restaurant |
| Fri. | Burlington Sunrise | 7:15am Ethan Allen Club |
| | Old Montreal | 12:15pm Holiday Inn Select |

the vote to support the budget as presented.

Fines: None this week, but look out Maria Alexander. President Steve has your number.

Visiting Rotarians: Cheryl Reagan, Sunrise Club

Guests: Jonathan Beach (Bob Parks); Cheryl Reagan, (Pres. Steve Frederick); John Massella & Megan Ashley (Paul Grasso); John Etting (Keith Tyo); Manson Glover (Brian Hammond).

50/50: The pot is worth \$500. Dave Napolitin drew the seven of hearts.

NEW MEMBER PROPOSAL

The following has been proposed by our Membership Committee and our Board of Directors. If there are no objections registered with the Club Secretary or President within 10 days, they will be asked to join our club:

Name: Alice Church
Business: C.V. Transportation Museum
Position: Director of Development
Classification: Museum-Development
Membership: Active
Previous Rotary Membership: N/A
Proposed by: Bob Parks

Name: Wallace Westfeldt
Business: NBC News
Position: Executive Producer
Classification: Television Producer—Retired
Membership: Active
Previous Rotary Membership: N/A
Proposed by: Bob Parks

Upcoming Programs

- May 6 - Phil Brown, "Bob Marshall Book Original 46er"
- May 13 - The Baltimore Consort -- Hill and Hollow program

Programs/Duty Roster:

www.plattsburghrotary.org/plattsburgh/memberduties.asp



THE ROTARY CLUB
 P.O. Box 86,
 Plattsburgh, NY 12901
 On Lake Champlain
www.plattsburghrotary.org
 Charter Granted: April 1, 1926

FIRST CLASS