



ROTARY 2008-2009 *Make Dreams Real*

THE ROTARY CLUB

P.O. Box 86, Plattsburgh, NY 12901
On Lake Champlain
www.plattsburghrotary.org

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BULLETIN #955

Aug 20, 2008

This Week:

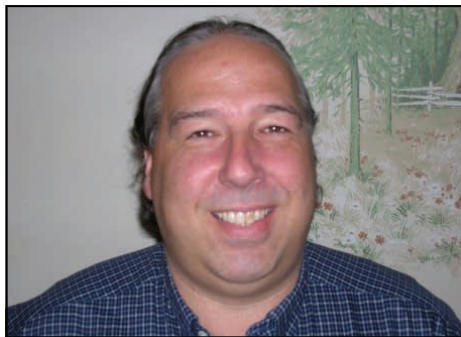
- PP Bonnie Black is standing in for President Steve.
- Applications/Registration for the District Conference in October will be available soon.
- Roducky Derby will be on Sept 13. Anyone who can help with “duck cleaning” and preparation on Sept. 4, see Bob Grugle.
- 13 members still owe dues!!

Fines: Only those not wearing Rotary pins. \$1

Visiting Rotarians: Charlie Lewis, Naples North

Guests: Bryon Tuthill (Stan Ransom); Eric LeVesque & Jene LeVesque (Phil Green); Rick Leibowitz (Colin Read); Sue LeVaque (Al Folsom); Kristen Shives (Bob Parks); Justin Meyer (John Prim).

Seasoned Member: Erik Eaglefeather began by thanking Lois Lynch who inducted him into the club ten years ago.



Erik Eaglefeather presenting his Seasoned Member Talk.

Erik grew up in a very small town. He left for college at Cornell and spent ten years in Ithaca where he got his bachelors and masters degrees in anthropology. Working on becoming a professional student, Erik continued on with more education to eventually become a veterinarian. After time spent in Morocco, Erik decided that heat wasn't for him. He's been in Plattsburgh for the last 17 years. In 1998, he opened Eagles Nest Veterinary Hospital. It's one of the many joys in Erik's life among being in Plattsburgh.

To dispel rumors, Erik announced that the construction on Tom Miller Road is not his. He is not changing locations or building another facility.

Our Program: Elle Berger and her new book “Stepping Out.”

Today marks a number of firsts for Elle. “Stepping Out” is her first book. Today is the first time she's talked about the book and the first time she will operate a Powerpoint presentation.

Elle has always enjoyed walking her dogs and this favorite pastime sparked her interest in countryside walking. From her very first mile on her very first walk, Elle has been inspired by the beauty and serenity of each and every walk. Her walks, the majority of which have been taken in Great Britain, all end at B&Bs (bed and breakfasts) and are intended for the “tenderfoot” traveler. The principles in her book can be applied to walking anywhere.

What is countryside walking? It's often called “Rambling” or “a stroll of sensible proportions.” It's a mild form of exercise walking. The trails followed are almost always on paved surfaces, but sometimes are found meandering through golf courses or off the beaten track.

Rambling is a major past time in England. The people protect and maintain thousands of miles of footpaths. Some of the paths are public rights of way established centuries ago. The Romans who left Britain in the year 400 established some of the paths still used today.

“Stepping Out” is a light hearted description about planning and enjoying countryside walking. Learn about rainy day miles. How to order in pubs. How to

DATES TO REMEMBER:

- 9/4 Roducky Cleaning & Prep Party
- 9/13 Roducky Derby, in association with Battle of Plattsburgh, (Macdonough Monument)
- 9/15 September Board of Directors Meeting (CCC Dining Hall — PARC)
- 10/17-19 District 7040 Conference in Cornwall

2009:

6/5-7 24th Annual Rotary Fishing Classic

treat blisters. How to answer “nature’s calls” when under way. Elle pointed out that she is no Bob Heins. She wrote this book to encourage the armchair traveler and other “tenderfoot” travelers like herself to enjoy countryside walking.

Elle was pleased to announce her book was published in an unconventional way. She formed her own company called Tenderfoot Publications. She wanted to express her deepest gratitude to the club. For years she has talked about writing this book and the walks she’s taken. “Not once,” Elle said “was I ever discouraged by any member of the club or made to feel that I would never see this through to completion.” She is honored to be here and to be introducing her first book.

Elle put together a wonderful PowerPoint that highlighted some of her adventures and included beautiful pictures. It took us down garden pathways, across moors, through people’s backyards, and over highways. Please see Elle for your signed copy of “Stepping Out.”

Comments:

Ray—I have the good fortune of visiting a friend in England every year and every visit includes a “day walk.” I’m one of these “armchair” people, and Elle is out of my league! It’s one of the best books I’ve read in the last few years.

Tony: Do people take their dogs and are they welcome at B&Bs?

A: Yes—Dogs are always welcome almost everywhere in Great Britain: (trains, busses, etc.). They make special accommodations for people with dogs.

	Aug 27	Sept 3	Sept 10
PROGRAM	NPC and Political Landscape—Brian Mann	Rotary at CVPH Michael Hildebran	The Quadri-centennial Kevin Dann
GREETERS	John Boule & Kyle Brister	Peter Cadieux & Jody Carpenter	Paul Connelly & Marsha Cook
HOSPITALITY	MaryAnne Bukolt-Ryder	Carmen Carpentier	Jon Cooper
BLESSING	Rose Anderson	Bonnie Black	MaryAnne Bukolt-Ryder
INTRODUCTIONS	Ita Bullard	Tracy Clark	Hope Coryer
PROGRAM INTRO	Rod Giltz	Bob Smith	Stan Ransom
THANK SPEAKER	George Burrell	Heidi Clute	Harney Davey
NEW MEM. TALK	Anne Cutaiair	—	—
SEASONED MEM.	—	Amy Asadourian	—
FOOD SHELF	A. Recore & J. Boule	—	—

ON-LINE MAKEUP:

www.rotaryclubone.org

NEARBY MAKE UP LOCATIONS:

Monday	Burlington	12:10pm	Wyndham Hotel
	Canton	12:15pm	Best Western
	Ottawa	12:30pm	Marriott Hotel
Tuesday	Plattsburgh Sunrise	7:30am	Elk’s Club
	Saranac Lake	7:30am	Hotel Saranac
	Massena	12:15pm	Elk’s Lodge
	St. Albans	12:15pm	Masonic Temple
	Montreal	12:30pm	Holiday Inn-Pt. Claire
	Grand Isle	6:00pm	So Hero Congregational
Wednesday	Middlebury	7:15am	Rosie’s Restaurant
	Albany	12:15pm	Wolferts Roost Ctry Club on Van Rensselaer Blvd.
	Tupper Lake	12:15pm	Pine Grove Restaurant
	Potsdam	12:15pm	Sergi’s Banquet Hall
	Watertown	12:15pm	Best Western Carriage House
	Chateaugay	6:15pm	Leonard’s Cherry Knoll Rest.
	AuSable Forks	7:00pm	Ambulance Hall (no meal)
Thursday	Williston	7:15am	Will Federated Church
	Lake Placid	7:30am	Howard Johnson’s
	Watertown AM	7:30am	Best Western Carriage House
	South Burlington	7:30am	VT National Country Club
	Champlain-Rouses Pt	7:45am	Old Tyme Café
	Malone	Noon	Gallagher’s
	Colchester-Milton	12:10pm	Hampton Inn
	Ogdensburg	12:15pm	Gran-View Restaurant
Friday	Burlington Sunrise	7:15am	Ethan Allen Club
	Old Montreal	12:15pm	Holiday Inn Select

Q: How long was your longest trip?

A: 19 days with a day of rest.

Q: Are these walks “round-trips?”

A: We decide where to leave our luggage at a base camp. At the end of the walk, we take the train or a bus back to the beginning.

Q: Does having an itinerary mean you go in any weather?

A: We don’t ever feel obligated to walk in bad weather. We just ask someone at the Bed and Breakfast to drive us to the next B&B ten miles down the road.

Elle Berger and her newly published first book, “Stepping Out.”



50/50: The pot is worth \$917 and Stan Ransom picked the 5 of spades.

Make-ups: none

Another Candle Burning for: Jon Cooper (8/25); Colin Read (8/26)

The Four-Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL TO ALL concerned?